

Packing List

Please make sure to reference this list before your visit! Pack seasonally and comfortably. Older clothes are great because they will likely get wet and/or dirty. We move around and walk a lot at Cedar Crest. Classes are held outside rain or shine. **Closed-toed shoes are required. Participants of all ages are expected to honor our close-toed shoe policy.**

Recommended

Day & Residential:

- Comfortable clothes and shoes
- Journal & pen/pencil
- Backpack
- Closed-toe shoes
- Water shoes, closed-toe (class-dependent)
- Jacket/rain poncho
- Water bottle
- Insect repellent & sunscreen

Residential-specific additions:

- Bedding (sleeping bag or sheets)
- Pillow
- Towels & toiletries
- Flashlight
- Medicine* (including necessary emergency medications - inhaler, epipen, etc.)

Optional

- Hat
- Sunglasses
- Camera
- Laundry bag
- Camp store money**

Cold Weather Additions

- Heavy jacket
- Warm Hat
- Gloves
- Extra socks

*To be kept with a trip health coordinator.

**The camp store can be available for your group at the request of your group leader(s) prior to arrival. At the camp store, participants can buy up to \$3 worth of snacks per day (\$6-\$9 on a 3 day/2 night experience) and merchandise that varies from a \$3 sticker to a \$20 Long Sleeve Tee. The camp store is optional during your experience. You are welcome to bring your own snacks, which would be stored in our Dining Hall outside of store time.